

NBYC NEWSLETTER

COMMODORE'S MESSAGE

BY ELYSIA FERRIER-HANGER

Is it me, or has April just flown by and here we are in May already. This years' Spring Regatta felt like a fresh start after last year and I can officially say, it was a great success with all the entrants we had from dinghies and Keelboats. The booking online in advance worked well and helped the Racing Team in the box get prepared early for the forthcoming racing.

Geoff Evans was our Race Officer for the weekend and he certainly had his work cut out on the Sunday not having the easiest of wind conditions. With it primarily coming from the East, we also had the classic Wroxham Broad shift; to the South, West and North! With one quick shift at one point, we had a YBOD running start with beating Yeomans approaching, all very exciting and nerve racking to watch from the Bridge! Despite this, we had 24 dinghies on the water which was a fantastic turn out, including a visiting Norfolk Punt which was great to see. Monday's Racing was a contrast with both wind and rain. The dinghies had a blast around the broad with gusts of up to 20, for some of the Optimist sailors this was definitely a new challenge but they all showed great determination and stuck it out. Regrettably, the afternoon's weather turned to a typical British Bank Holiday Monday, rain and more wind. A couple of the cruisers embraced the conditions with great bravery and I don't blame the rest of the keelboats for keeping warm and dry. Well done to those three boats that did endure it, however unfortunately, we did lose a peak!

All in all, a fun and exciting two days and we can't wait to see you all again for our future events. Don't forget, our Wednesday Night Sailing is the perfect place to learn the ropes on the water. If you are ever interested to learn what happens up on the bridge, the Wednesday evenings or standard Sunday racing is a great time to come learn how to pull Flags or even learn how to do Timekeeping and record the races. If this is something that interests you, please do get in contact with the office.

See you all next weekend!

Elysia Ferrier-Hanger
Commodore

2021 MEMBERSHIP

BY PETER MCGEOWN

What a fantastic start to the year it has been, more boats on the water is a great sight & every week the racing is getting busier.

The most amazing news is that we have had more people joining the Club than at any time during my time here, we have just passed the 900 members milestone & we are still getting enquiries all the time. Thank you to all who have joined the Club recently & to everyone who sees a new face make sure you say hello.

RACE ENTRIES

BY RACING

We now have a new format for Race Entries which should make competitors lives a lot more simple. All Races can now be entered online before the event takes place, those who have already used the new method have been very positive with comments saying how easy it is.

The events are listed on the Webcollect homepage [HERE](#) all you have to do is click on the event you wish to enter & book your place, enter the details of the Helm, Boat & pay... all done.

You have entered automatically & comes straight to the office, how easy is that.

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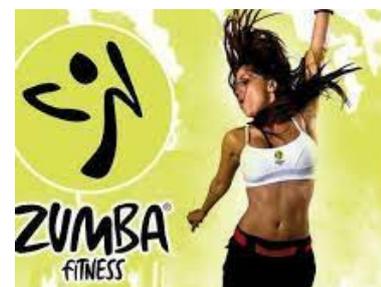
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A NEW OFFICE

BY BOB PAYNE - VICE COMMODORE

Having been slowly sinking for some years, last autumn we finally had to evacuate the office and temporarily relocate the staff into the clubhouse. A detailed survey showed terminal rot of the supports and the framework so it had to be condemned and decisions made about a new building. The Management Committee examined all feasible alternatives and finally proposed that the most cost effective, responsible and acceptable solution is to have a similar building in the same location; the view from the water will not change. Design criteria included aesthetic considerations, proper groundworks to ensure long term stability, a little more room for staff and visitors and the use of sustainable and environmentally responsible materials. The need for access for those with limited mobility is also met.

The landlord has welcomed the design and the many requirements of the planning authority have been answered, (including flood planning and an environmental impact and bat survey). The demolition and building project is in preparation and we aim to complete within as short a timeframe as possible. This has to be done safely within what is now a busy club. To save costs the Committee will be calling for volunteers for the less demanding and unskilled aspects of the job so this is a chance to be a part of one of the most "constructive" projects on site for more than 20 years. Imagine telling your grandchildren "I helped build that".



TRAINING

BY ROSE ANGELL

Wow! What a great start to the season, congratulations to our six newly qualified Dinghy Instructors, hopefully you will be able to use your new skills to help train others during the season.

Juniors : Our Easter Sailing School attracted 50 young sailors, who were bundled in multiple layers of clothing to cope with the cold, wind, hail, frost etc, despite the ongoing restrictions they all showed lots of enthusiasm and there were smiles all round. Many thanks as ever to those who helped to get the boats ready, assisted during the week and the packing up on Friday afternoon as well as the Instructors and Safety Boat crews.

Our forthcoming two days of training at half term are proving very popular and we hope to increase the spaces available at Stage one, provided we can secure enough instructors. This training is followed by a Junior Regatta on the Friday so they can practise their new skills. The Training Team's plans for Cadet weeks are well under way and we hope to be able to open bookings later in May, this will be advertised to members in the usual manner.

Adults : Our first Adult course is happening this week, this will be followed by our weekly Thursday Keelboat Improver Evenings. We are keeping Ruth our Chief Instructor very busy!

A Plea! The Club has had a Laser and a Feva dinghy donated, but we are short of the following - Laser Radial sail, Laser 4.7 sail and bottom mast section for 4.7 rig.

Feva - a suit of sails

We would be grateful if anyone has any of the above that they would be happy to donate or we could purchase please let us know, we are not looking for new, just serviceable kit to enable us to use the boats.

We are receiving lots of requests for bespoke training, 121 sessions, extra courses etc, please bear with us as we try to accommodate as many requests as possible.

Finally, we are trying to update our list of Instructors etc up to date, if you are qualified (or even have relevant experience) and are willing to help out in any capacity, please let us know.

Hope to see you on the water soon

Rose Angell



RACING

BY GEOFF EVANS

Racing Notes

I will try to address some of the points that I understand have been raised regarding the racing programme. Forgive me if I seem to be repeating previous explanations, but there is nothing new at this point.

Our current racing programmes are nothing like what we had in our last normal season, and they have been designed to be the best options in what remains a very uncertain and fast changing situation.

They are, as it says on the White Card, programmes for 2021 only, so 2022 is likely to be different. However, we are learning from the programmes we have been forced to adopt, and this will inform our future.

The first "Open" event will be the Spring Regatta, which will probably have taken place by the time you receive this newsletter.

Within the published programme there will be flexibility to have some Class races, depending upon the numbers of individual classes competing. Unlike the Club Sunday racing, trophies have been reallocated (for this year only) to give a semblance of our "old normal".

We will expect to learn more during this event, and to use this knowledge to improve the events to come later in the year.

A bone of contention for some has been the request for competitors to pre-enter using Webcollect. The reasons for requesting this are simple. Under Covid regulations the Club has the responsibility to ensure that the number of people on shore stays within the permitted level. It is also necessary to avoid, whenever possible close contact between people, particularly indoors, and to protect our staff for unnecessary social contact. Furthermore, advance knowledge of numbers allows the Club's new race management systems to be set up using the technology we are currently trialling. A big "thank you" to all of you who have taken the trouble to pre book.



The Racing Rules of Sailing for this month's newsletter is actually a Definition.

The exact text can be found in the new Rule Book, but it refers to a change to the definition of starting and finishing. Sufficient to say that this change has thrown many clubs into dismay. Basically, the effect of the change means that it is only the hull of the boat which is counted when judging whether a boat has started or finished correctly. Bowsprits are NOT considered part of the hull. This will make it difficult for the Race Officer to detect boats hidden by large jibs, now legitimately On Course Side (OCS). The sailing community's best brains have so far failed to come up with a solution, so don't be surprised to see a drone hovering above a River Cruiser Class start line!

I am happy to discuss any of the above, or anything else, at any reasonable hour on 01692 630402.

Geoff Evans
Chair of Sailing.

* * * N B Y C J U N I O R S * * *

WELCOME TO THE JUNIOR SECTION OF THE NBYC NEWSLETTER

Easter Sailing School 2021

ESS went ahead in a somewhat different format this year mostly due to Covid restrictions but also due to the awful weather!

As no indoor facilities, other than toilets, could be used the junior groups, Stages 1 and 3, were run as half day sessions with the Racing groups there for most of the day.

However, the weather gods were against us throwing down rain and hail with very strong winds resulting in Monday sailing being cancelled but Tuesday afternoon the racing group managed not to be come entirely frozen whilst listening to a theory session!

In total 50 young members took part and the two days missed are being offered during the next school half term holidays. Below are a couple of **ESS reviews**.

By Harriet Brightwell, age 11yr:-

I was in Start Racing for Easter Sailing School, and it was really, really great! By the end of the week I felt like I had really improved my skills, such as starts and theory.

My instructors, Gary and Finn, were kind, funny and supportive. When it was super windy, and the gazebo was blowing away, they both stood on the poles to prevent it from flying to Potter Heigham! It was really funny.

I would like to thank all the instructors, for giving us all such a lovely week. We all had so much fun! I would definitely recommend Start Racing, even though I was reluctant to race at the beginning, now I cannot wait to learn more and join in the Oppie races in the summer.

By Eleanor Barnes, in the Intermediate / Advanced Racing group:-

Easter sailing school this year was quite challenging due to the weather, but once it calmed down we had lots of fun on the water.

We were all happy to get back out in our boats with our friends after lockdown.

By Ellie Ringwood, RYA Instructor at the ESS:-

Not too long ago, I was one of the many students learning to sail for the first time. I remember (before I was old enough to go on the Course) sitting inside the clubhouse watching my brother sail. I felt so jealous that he was out on the water and that I wasn't allowed to be, so once I was old enough I threw myself into sailing.

Of course there were moments when I was worried that the wind was too strong or I had bumped my head and didn't want to sail; but of all my memories of sailing, I always remember the good ones.

This is why I wanted to become an Instructor: to pass on my love for this brilliant sport to future generations of sailors

This was my first Easter sailing course as a RYA Dinghy Instructor. I had done many as a student but I had never taught a group for a whole course before. I was excited and worried for the week ahead, but once I met the other Instructors and kids I would be working with, all my worries fell away.

For the week, I worked with Dave and Phillipa to teach both the Stage Ones and Stage Threes. I learned so much from both Instructors as well as our Chief Instructor Ruth (who offered an immense amount of support to all the Instructors, children and parents).

After only 3 days of working together we became a great team. Working as an Instructor has shown how much teamwork and dedication it takes to deliver a course and I am even more grateful to the Instructors that taught me.

There were struggles, like trying to work within the Covid restrictions and getting everyone used to sailing again after time away from the water. However, after seeing the progress of the students, this week was a huge success in my eyes. From towing Stage Ones around the Broad on the first day, to seeing them sailing together all at the same time. They even sailed into the dinghy dyke on their own!

I also enjoyed playing games of tag (with a very wet sponge) with Stage Threes and seeing their confidence grow as they got back into the rhythm of sailing.

Although our week of sailing was slightly shortened, I enjoyed every moment of teaching and I have learned a huge amount from each Instructor and young sailor. I hope very much to see everyone back sailing in no time at all.

Top Tips Videos

For **Topper sailors** to watch: Below are two links for you to click on to view.

Do you recognise the Coach, she started sailing at NBYC and look where she ended up!

<https://www.youtube.com/watch?v=pYaqowNwowl>

<https://www.youtube.com/watch?v=QaAGxqL-Voo>

For **Optimist sailors** there are some really helpful videos on the RYA training pages. Click the link to view.

<https://www.rya.org.uk/programmes/bys-recognised-clubs/coaching-videos/Pages/optimist.aspx>

YOUR CHIEF INSTRUCTOR

BY RUTH OWEN

It has been so exciting to see everyone down on the water the last few weeks - thanks so much to all those who have taken part in, or helped with, any of the training we've been doing!

I think lots of us are pretty rusty following the winter, aren't we! For me it's certainly highlighted how important it is to take all the opportunities you get to go out on the water. Whether it's for a formal course, Sunday racing, Saturday morning sailing or just a gentle afternoon sail - it all counts! The more time you spend on the water, the more the new skills you've recently acquired will become second nature and something that you do naturally in the boat. This also makes it easier for us as your coaches and instructors - if you're managing to get lots of time on the water practicing and enjoying yourself, then we'll be much more able to teach you new things when we do go out for training. Without the additional practice, time on courses is still really valuable, but we will probably need to do some recap and not learn quite as many new things.

If you're struggling for ideas of what to actually do when you're sailing on your own, please talk to one of us! We'll be very happy to give you some ideas, or put together a little programme for you to have a go at. Just remember - all time on the water counts!

VOLUNTEER OPPORTUNITIES

BY LEN. DAHAND

At Norfolk Broads Yacht Club we have lots of opportunities for any volunteers that we may have amongst the membership.

A lot of what we do would not be possible without the help of our wonderful members & not just in the ways you might think, there are of course the need for Safety boat crew, Race Management & Training volunteers but there are also opportunities to help with Work Party's on projects round the Club.

If you have a particular skill that may be of help please contact the Office team & we will pass on your details to the relevant parties.

NBYC DOG RULE

Can we politely remind all dog owners, that the Club has a rule stating that dogs are only allowed on a lead from the car park for the sole purpose of going to & from boats.

Dogs are not permitted around the Clubhouse or grounds at any other time except of course guide dogs.

Please do not put us in the position of having to ask you to remove your dog.



Remember we are always looking for copy from Junior sailors ,so send in your articles, quizzes, photos etc for the April edition to training@nbyc.co.uk There is a small prize if you get published!



S O C I A L C O R N E R

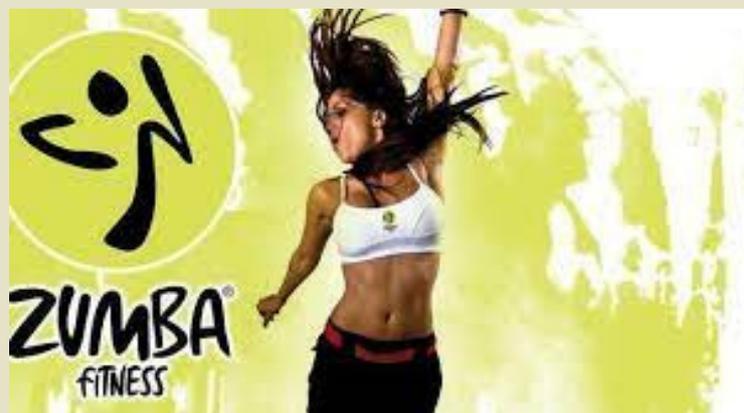


OUTDOOR ZUMBA FITNESS

BY SOCIAL COMMITTEE

The Social Committee have some exciting news, on Friday there will be an evening outdoor Zumba class being held on the Club grounds at 7pm. Tickets for the event will be available soon on the Club Webcollect page which you can reach by clicking [HERE](#).

This will be a great way of blowing away some of the Lockdown cobwebs, Socially distanced of course, why not come along & have some fun & get fit at the same time.



NORFOLK BROADS
YACHT CLUB

